

# No Getting Off This Train™

Your First Class Ticket to Meal Planning

## ABOUT THE BLOG

Hello, I'm Jaime Bacon! I live with my husband and young daughter in southwestern Ohio. I'm passionate about keeping my family healthy and doing it all on a budget!

I started No Getting Off This Train in March 2015 to show moms that it is possible to eat healthy with a small income. My readers are moms looking for new recipes and tips to keep their grocery budgets low.

## DEMOGRAPHICS

**95%** FEMALE

**86%** UNITED STATES

**100,000+** MONTHLY PAGE VIEWS  
**1,600+** FACEBOOK FOLLOWERS  
**23,000+** PINTEREST FOLLOWERS  
**1,100+** INSTAGRAM FOLLOWERS  
**1,500+** TWITTER FOLLOWERS  
**3,000+** EMAIL SUBSCRIBERS  
**400+** YOUTUBE SUBSCRIBERS



## PARTNERSHIP OPPORTUNITIES

**My standard partnership rate is \$700. This includes:**

- 1 original blog post of at least 500 words, including original photos; and No-Follow links as needed
- 5-minute Youtube video with original videography and edits
- 2 Facebook shares, 3 Tweets, 1 Instagram post with at least 20 hashtags, 4 Instagram stories

**For any questions or additional options, please email me at:**

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