

Emergency Mode Grocery Bootcamp Video 3

Hey there, I'm Jaime Bacon, founder of Meal Planning 911, and in this video I'm going to share everything you need to know about Meal Planning 911 and how it can help you get through a rough financial patch by lowering your grocery budget.

I created this program because our family has experienced 4 job losses, plus one rough financial year of having a newborn. Each time, we had to lower our grocery budget and learn to eat super frugally. While each time was a struggle, I learned more and more about eating in Emergency Mode, like what foods to buy and how to make our food stretch.

Soon, I was able to consistently keep our grocery budget at \$30.00 a week until John found a job again. And today, I still use the principles I discovered to stay on budget and eat frugally.

And that's what I want for you too.

Imagine how it will feel to finally get a hold of your grocery budget and make it through your rough patch. Imagine having the know-how to consistently stay on track with your money, to still make healthy meals with a tiny budget even after your income goes back up. Imagine being connected to others who are on the same journey as you... all committed to achieving that confidence that you'll make it through this season of Emergency Mode.

So if your family is currently unemployed but you can't figure out how to get your grocery budget lower, or you want to save up for a large purchase but need help cutting back somewhere, or you just aren't sure where to get started with eating on a tiny budget, Meal Planning 911 can help.

So, what exactly is Meal Planning 911?

This is a self-paced course designed to teach you how to eat in Emergency Mode. I designed this for families who have very limited funds but need help lowering their grocery budget for a season.

You'll go through 11 different lessons, each one designed to set the foundation you need for Emergency Mode. These lessons include:

- How to find your Emergency Mode budget
- How to create meal ideas based on what's in your pantry
- How to use my 5-step meal planning process to make a precise grocery list
- Where to shop and how to eat healthy on a shoestring budget
- How to make your own foods and how to stretch your budget
- What to do when you regain your income

In addition to the 11 lessons, you also receive these bonus items:

- 6 meal planning sheets, including a blank grocery list, Pantry Inventory sheet, and a monthly meal plan calendar
- A 48-page workbook that has transcriptions for each video lesson, as well as

- worksheets to fill out as you go along to help you through the course
- My “Emergency Meals” e-book, which includes 36 of the exact recipes and meals we made while in our seasons of Emergency Mode
- A list of 47 tips and tricks to save big on groceries, all of which I still use today
- A sample week of one of our \$30.00 grocery trips to give you an idea of what a typical week looked like
- An exclusive invite to my Meal Planning 911 Facebook group, where you can join other students from the course and get ideas and inspiration on living on a tight budget. You'll also have my full attention and opportunities to pick my brain for new ideas!

You should also know that Meal Planning 911 comes with a 100% money back guarantee.

I want you to feel confident in your decision, and that's why I invite you to test drive the program 100% risk free. If you give it a genuine go and you don't feel like I delivered on my promise, ask for a refund.

Of course, at this point, you probably only have one big question left- what's the investment?

So just the bonuses alone I would price at a \$40.00 value- although the Facebook group and the advice you'll get there is priceless!

But the entire course- All 11 video lessons (With lifetime access), the bonus PDFs, and the invite to my Facebook group- is priced at just \$39.00.

But, as a special introductory offer, and only for a few days, Meal Planning 911 will cost only \$29.00. It will never be that low again, and I can't guarantee that it will even stay at \$39.00 forever when I add updates- And when I do, you get lifetime access to any and all future updates!

As you consider joining us, I want you to think about what would be different in your life six months from now if you decide not to commit. Probably nothing, right?

To make the progress you want in your life, you have to commit to change. This is the program that can get you the results you want.

Registration is open now at the discounted rate, but only for a few days, so don't wait.

Instead, ask yourself this...

What is important in your life right now?

What do you want to achieve in the months ahead?

What goals do you have related to lowering your grocery bill that keep getting pushed to the back burner?

You have an opportunity to do something about that right now. Today.

Feeding your family on a low budget doesn't have to be hard or time-consuming. Imagine yourself meal planning with no worries about whether this will be enough food. Or being able to throw together a few items from your pantry and have an instant dinner at no extra cost.

This is what Meal Planning 911 is all about. And I want you to say “yes”. Yes to peace about your low budget. Yes to more creativity in the kitchen. Yes to life-changing knowledge that will carry you through Emergency Mode and beyond.

Click the button below and register now. I'll see you inside the program.