Build Your Stockpile with \$5.00 a Week!

Week 1: Flour

Week 2: Sugar

Week 3: Baking Powder/Soda

Week 4: Vegetable/olive oil

Week 5: Yeast

Week 6: Shredded cheese

Week 7: Salt

Week 8: Butter

Week 9: Toilet paper

Week 10: Cream of chicken soup

Week II: Tissues

Week 12: Boxed pasta

Week 13: Crushed tomatoes

Week 14: Tomato paste

Week 15: Diced tomatoes

Week 16: Canned corn

Week 17: Cream of mushroom soup

Week 18: Paper towels

www.nogettingoffthistrain.com